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## ABSTRACT

We consider a system of  $N$  bosons in a unitary box in the grand-canonical setting interacting through a potential with the scattering length scaling as  $N^{-1+\kappa}$ ,  $\kappa \in (0, 2/3)$ . This regimes interpolate between the Gross–Pitaevskii regime ( $\kappa = 0$ ) and the thermodynamic limit ( $\kappa = 2/3$ ). In the work of Basti *et al.* [Forum Math., Sigma **9**, E74 (2021)], as an intermediate step to prove an upper bound in agreement with the Lee–Huang–Yang formula in the thermodynamic limit, a second order upper bound on the ground state energy for  $\kappa < 5/9$  was obtained. In this paper, thanks to a more careful analysis of the error terms, we extend the mentioned result to  $\kappa < 7/12$ .

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## I. INTRODUCTION AND MAIN RESULT

It was predicted by Lee, Huang, and Yang in Ref. 1 (see also Ref. 2) that the ground state energy per unit volume of a dilute Bose gas satisfies

$$e(\rho) = 4\pi a \rho^2 \left[ 1 + \frac{128}{15\sqrt{\pi}} (\rho a^3)^{1/2} + o((\rho a^3)^{1/2}) \right], \quad (1.1)$$

where  $\rho$  denotes the particle density of the gas,  $a$  is the scattering length of the interaction potential, and dilute refers to the fact that the mean interparticle distance is much larger than the scattering length, i.e.,  $\rho a^3 \ll 1$ . The expansion (1.1) is known as the Lee–Huang–Yang formula, and its rigorous proof has been an open problem for a long time. In fact, while the leading term was already derived in Ref. 3 as an upper bound for hard sphere interactions, the matching lower bound was obtained 40 years later in Ref. 4. On the other hand, it was only with Ref. 5 (we also mention<sup>6</sup> where the correct constant is recovered in the weak coupling limit) that the next to leading order was proved to be correct as an upper bound for regular potentials and later with Ref. 7 for all potentials in  $L^3$ . Finally, in Ref. 8, the Lee–Huang–Yang correction was established as a lower bound for all  $L^1$  potentials and in a recent paper<sup>9</sup> for a larger class of potentials, including the hard sphere case. Note that in the latter case, the matching upper bound is still missing.

We mention that the fermionic analog of the expansion (1.1) predicted in Ref. 10 has not yet been proved; see Refs. 11 and 12 where the first two orders are derived (due to the Pauli principle, an extra term of order  $\rho^{5/3}$  appears).

In this paper, we will discuss and complement the result obtained in Ref. 7. There, as in Ref. 5, the core of the proof is to build a grand canonical trial state in a box with periodic boundary conditions whose size changes with  $\rho$ ; in particular, the side length is assumed to be  $\rho^{-\gamma}$  for some  $\gamma > 1$ . Indeed, following a well-known localization procedure (see, e.g., Ref. 13), this trial state can then be easily modified to provide a trial state with the correct energy on a larger box with Dirichlet boundary conditions. The latter can finally be replicated to recover the thermodynamic box in the limit. Note that in the limit, a grand canonical trial state can be proved to give an upper bound on the canonical ground state energy.

Due to the strategy just described, Ref. 7 produced a side result of some interest on its own. Namely, it provided an upper bound correct up to the second order on the energy of a Hamiltonian acting on the Fock space built on a box whose side length is of the form  $\rho^{-\gamma}$  for some  $\gamma > 1$ . By scaling, the described setting is equivalent to consider  $N$  bosons in the unitary box  $\Lambda = [-1/2, 1/2]^3 \subset \mathbb{R}^3$  interacting through the Hamiltonian  $\mathcal{H}_N$  acting on the bosonic Fock space  $\mathcal{F}(\Lambda)$  whose action on the  $n$ -particle sector is given by

$$\mathcal{H}_N^{(n)} = \sum_{j=1}^n -\Delta_{x_j} + \sum_{1 \leq i < j \leq n} N^{2-2\kappa} V(N^{1-\kappa}(x_i - x_j)), \quad (1.2)$$

with  $\kappa \in (1/2, 2/3)$  [note that the request  $\kappa > 1/2$  comes from the assumption  $\gamma > 1$  needed to use the localization technique, but it is never used in the proof of (1.3) below, which remains valid for  $0 < \kappa < 1/2$ ]. In Ref. 7, it has been shown that, under suitable assumptions on the potential  $V$ , the ground state energy  $E_N$  of the Hamiltonian  $\mathcal{H}_N$  satisfies

$$E_N \leq 4\pi a N^{1+\kappa} \left( 1 + \frac{128}{15\sqrt{\pi}} (a^3 N^{3\kappa-2})^{1/2} \right) + CN^{5\kappa/2} \max\{N^{-\varepsilon}, N^{9\kappa-5+6\varepsilon}, N^{21\kappa/4-3+3\varepsilon}\} \quad (1.3)$$

for all  $\kappa \in (1/2, 2/3)$  and  $\varepsilon$  such that  $3\kappa - 2 + 4\varepsilon < 0$ . Let us stress that Eq. (1.3), whenever  $\kappa < 5/9$ , is just the equivalent of Eq. (1.1) written for the rescaled Hamiltonian (1.2) (note that the scattering length of the rescaled potential is given by  $a/N^{1-\kappa}$  with  $a$  the scattering length of the original potential).

The first step to construct the trial state leading to (1.3) is to generate the condensate since Bose Einstein condensation is expected to hold in the ground state of (1.2). Then, to add correlations, we act with a Bogoliubov transformation. However, it is known (see Refs. 6 and 14) that a quadratic operator is not enough to capture the correct second order of the energy. In Ref. 5, the exponential of the sum of a quadratic and a cubic operator was taken into account to better describe correlations. On the other hand, in Ref. 7, the exponential of a quadratic and of a cubic operator acts separately, inspired by the methods developed in recent years in Refs. 15 and 16 to study the Gross–Pitaevskii regime [corresponding to  $\kappa = 0$  in (1.2)]. The drawback in considering the exponential of a cubic operator is the lack of explicit formulas for its action that makes computations harder. In particular, to handle the desired more singular regimes  $\kappa > \frac{1}{2}$ , new ideas are needed w.r.t. those used in Refs. 15 and 16. In fact, in Ref. 7, the cubic operator is implemented as a non-unitary operator acting directly on the vacuum with some crucial restrictions on the allowed momenta.

In Ref. 7, it was stated as a remark that the same method could have been pushed to cover all  $\kappa < 7/12$ , but such extension was out of the scope of that paper. Our aim here is to prove this statement based on a more careful analysis of some error terms. More precisely, we need to prove the following theorem.

**Theorem 1.1.** *Let  $0 < \kappa < 7/12$  and  $\varepsilon > 0$  small enough. Let  $V \in L^3(\mathbb{R}^3)$  be non-negative and radially symmetric, with  $\text{supp}(V) \subset B_R(0)$  and scattering length  $a$ . Then, for all  $N$  large enough,*

$$E_N \leq 4\pi a N^{1+\kappa} \left( 1 + \frac{128}{15\sqrt{\pi}} (a^3 N^{3\kappa-2})^{1/2} \right) + CN^{5\kappa/2} N^{-\varepsilon}. \quad (1.4)$$

We conclude this section with some comments about the scaling in (1.2). As we already mentioned, for  $\kappa = 0$ , one recovers the well-known Gross–Pitaevskii regime. In this setting, the expansion of the ground state energy has been established to first order in Refs. 4, 17, and 18, while the second order was proved in Ref. 16 (where also the low energy spectrum is derived) for all potentials in  $L^3$  (and can be extended to all  $L^1$  interactions as discussed in Ref. 19). We also mention<sup>20</sup> where a simplified approach is described. Recently, in Ref. 21 (see also Ref. 22), the second order correction has been obtained as an upper bound in the hard core case.

On the other hand, for  $\kappa > 0$ , the first order of the ground state energy was derived in Ref. 17, while the second order (and the low-energy excitation spectrum) was established in Ref. 23 for sufficiently small  $\kappa$ , making use of the analysis carried out in Ref. 24. We also mention that, for  $\kappa < 1/10$ , Bose Einstein condensation can be proved extending the analysis in Refs. 25–27, and in a recent paper,<sup>28</sup> condensation was shown for all  $\kappa < 2/5$  (see also Ref. 29 where a similar but simpler regime is considered). Proving condensation for  $\kappa = 2/3$ , i.e., directly in the thermodynamic limit, is a challenging and widely open problem so far; see Refs. 30 and 31 for preliminary results. Note that all the mentioned results are valid in the canonical setting, while, on the contrary, the grand canonical setting is considered here.

## II. DEFINITION OF THE TRIAL STATE

To obtain an upper bound on the ground state energy of the operator  $\mathcal{H}_N$  defined in (1.2), we have to show a trial state whose energy is bounded by the rhs of (1.4). We first rewrite the Hamiltonian using the bosonic creation and annihilation operators  $a_p^*$ ,  $a_p$ , and  $p \in \Lambda^* = 2\pi\mathbb{Z}^3$  as follows:

$$\mathcal{H}_N = \sum_{p \in \Lambda^*} p^2 a_p^* a_p + \frac{1}{2N^{1-\kappa}} \sum_{p, q, r \in \Lambda^*} \widehat{V}(r/N^{1-\kappa}) a_{p+r}^* a_q^* a_{q+r} a_p. \quad (2.1)$$

Our trial state is defined as in Ref. 7, and we recall here the definition referring the reader to Ref. 7 for more details. First, we introduce the Weyl operator

$$W_{N_0} = \exp[\sqrt{N_0}a_0^* - \sqrt{N_0}a_0], \tag{2.2}$$

where  $N_0 > 0$  is a parameter to be fixed. The role of  $W_{N_0}$  is to generate the condensate; indeed, we expect most of the particle to be in the condensate wave function [i.e.,  $\varphi(x) = 1$ , which is the ground state of the non-interacting problem]. Next, we have to take into account correlations among particles due to the presence of interaction. To this end, we consider the solution to the Neumann problem on the ball  $|x| < N^{1-\kappa}\ell$ ,

$$\left[-\Delta + \frac{1}{2}V\right]f_\ell = \lambda_\ell f_\ell, \tag{2.3}$$

with  $0 < \ell < 1/2$  and with the boundary condition  $f(x) = 1$  if  $|x| = N^{1-\kappa}\ell$ . Furthermore, we define  $f_{N,\ell}(x) = f_\ell(N^{1-\kappa}x)$  and set  $\eta_p = -N\widehat{w}_{N,\ell}(p)$ , where  $w_{N,\ell} = 1 - f_{N,\ell}$  and the hat denotes the Fourier transform. Note that  $|\eta_p| \leq CN^\kappa p^{-2}$ . To define the quadratic transformation, we also have to introduce two sets of momenta: the set of low momenta  $P_L = \{p \in \Lambda^* : |p| \leq N^{\kappa/2+\varepsilon}\} \subset \Lambda^*$  and its complement  $P_L^C$ . Then, to obtain the desired upper bound, we will consider a Bogoliubov transform whose kernel coincides with  $\eta$  on  $P_L^C$ . On the other hand, on the set of low momenta, we consider the kernel  $\tau$  defined by

$$\tanh(2\tau_p) = -\frac{8\pi a N^\kappa}{p^2 + 8\pi a N^\kappa}.$$

We are now ready to introduce the Bogoliubov transformation

$$T_v = \exp\left(\frac{1}{2} \sum_{p \in \Lambda^*} v_p (a_p^* a_{-p}^* - \text{h.c.})\right),$$

where the coefficients  $v_p$  are defined as follows:  $v_p = \eta_p$  for  $p \in P_L^C$  and  $v_p = \tau_p$  for  $p \in P_L$ . However,  $T_v$  is still not enough to obtain the energy correct up to the second order, and to give a more precise description of correlations, we consider a cubic operator. To do so, we first introduce the notations  $\gamma_p = \cosh(v_p)$  and  $\sigma_p = \sinh(v_p)$ . We also need two new sets of momenta:  $P_H = \{p \in \Lambda^* : |p| > N^{1-\kappa-\varepsilon}\}$  and  $P_S = \{p \in \Lambda^* : N^{\kappa/2-\varepsilon} \leq |p| \leq N^{\kappa/2+\varepsilon}\} \subset P_L$ . Let us mention that considering the restriction of  $\eta$  to  $P_H$  (denoted by  $\eta_H$ ) and the restriction of  $\gamma$  and  $\sigma$  to  $P_S$  (denoted by  $\gamma_S$  and  $\sigma_S$ , respectively), we have

$$\|\eta_H\|^2 \leq CN^{3\kappa-1+\varepsilon}, \quad \|\eta_H\|_{H^1}^2 \leq CN^{1+\kappa}, \quad \|\eta_H\|_\infty \leq CN^{3\kappa-2+2\varepsilon} \tag{2.4}$$

and

$$\begin{aligned} \|\sigma_S\|^2 &\leq CN^{3\kappa/2}, & \|\sigma_S\|_{H^1}^2 &\leq CN^{5\kappa/2+\varepsilon}, \\ \|\gamma_S \sigma_S\|_1 &\leq CN^{3\kappa/2+\varepsilon}, & \|\gamma_S\|_\infty^2, \|\sigma_S\|_\infty^2 &\leq CN^\varepsilon. \end{aligned} \tag{2.5}$$

With this notation at hand, we can finally define the desired cubic operator. Specifically,

$$A_v = \frac{1}{\sqrt{N}} \sum_{\substack{r \in P_H, v \in P_S: \\ r+v \in P_H}} \eta_r \sigma_v a_{r+v}^* a_{-r}^* a_{-v}^* \Theta_{r,v}, \tag{2.6}$$

where the operator  $\Theta_{r,v}$ , for  $r \in P_H, v \in P_S$  with  $r + v \in P_S$ , is defined by

$$\Theta_{r,v} = \prod_{s \in P_H} [1 - \chi(\mathcal{N}_s > 0) \chi(\mathcal{N}_{-s+v} > 0)] \prod_{w \in P_S} [1 - \chi(\mathcal{N}_w > 0) \chi(\mathcal{N}_{r-w} + \mathcal{N}_{-r-v-w} > 0)]. \tag{2.7}$$

In (2.7),  $\mathcal{N}_p = a_p^* a_p$  counts the number of particles with momentum  $p$  and  $\chi$  is the characteristic function. The trial state we are going to consider to prove (1.4) is obtained acting on the vacuum vector  $\Omega \in \mathcal{F}$  first with the operator  $e^{A_v}$  and then with  $T_v$  followed by  $W_{N_0}$ ; finally, since  $e^{A_v}$  is not a unitary operator, we have to normalize

$$\Psi_N = \frac{W_{N_0} T_v e^{A_v} \Omega}{\|e^{A_v} \Omega\|^2}.$$

Here, we fixed  $N_0 = N - \|\sigma_L\|^2$ .

Let us stress that the role of the operator  $\Theta_{r,v}$  in the definition of  $A_v$  in (2.6) is to avoid certain relations among momenta created by the action of  $e^{A_v}$  on the vacuum, and this results in a drastic simplification of the computations. As discussed in Ref. 7 (Sec. 2), one can write

$$A_v^m \Omega = \frac{1}{N^{m/2}} \sum_{\substack{r_1 \in P_H, v_1 \in P_S: \\ r_1 + v_1 \in P_H}} \cdots \sum_{\substack{r_m \in P_H, v_m \in P_S: \\ r_m + v_m \in P_H}} \prod_{i=1}^m \eta_{r_i} \sigma_{v_i} \\ \times \theta(\{r_j, v_j\}_{j=1}^m) a_{r_m+v_m}^* a_{-r_m}^* a_{-v_m}^* \cdots a_{r_1+v_1}^* a_{-r_1}^* a_{v_1}^* \Omega,$$

where  $\theta$  encodes all the restrictions mentioned above,

$$\theta(\{r_j, v_j\}_{j=1}^m) = \prod_{\substack{ij, k=1 \\ j \neq k}}^m \prod_{\substack{p_i \in \{-r_i, r_i + v_i\} \\ p_k \in \{-r_k, r_k + v_k\}}} \delta_{-p_i + v_j \neq p_k}. \quad (2.8)$$

Then, setting  $\xi_v = e^{A_v} \Omega$ , one has

$$\|\xi_v\|^2 = \sum_{m \geq 0} \frac{1}{2^m m!} \frac{1}{N^m} \sum_{\substack{v_1 \in P_S, r_1 \in P_H: \\ r_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m \in P_H: \\ r_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \prod_{i=1}^m (\eta_{r_i} + \eta_{r_i+v_i})^2 \sigma_{v_i}^2. \quad (2.9)$$

### III. PROOF OF THE MAIN THEOREM

In this section, we discuss the modifications that are needed to extend the result obtained in Ref. 7 to a larger set of choices of  $\kappa$ , proving Theorem 1.1.

Let

$$\mathcal{G}_N = T_v^* W_{N_0}^* \mathcal{H}_N W_{N_0} T_v$$

so that  $\langle \Psi_N, \mathcal{H}_N \Psi_N \rangle = \langle \xi_N, \mathcal{G}_N \xi_N \rangle / \|\xi_N\|^2$ . Moreover, let us introduce the kinetic energy operator  $\mathcal{K} = \sum_{p \in \Lambda^*} p^2 a_p^* a_p$  and the operators

$$\mathcal{V}_N^{(H)} = \frac{1}{2N} \sum_{\substack{r \in \Lambda^*, p, q \in P_H: \\ p+r, q+r \in P_H}} N^\kappa \widehat{V}(r/N^{1-\kappa}) a_{p+r}^* a_q^* a_p a_{q+r} \quad (3.1)$$

and

$$\mathcal{C}_N = \frac{\sqrt{N_0}}{N} \sum_{\substack{p, r \in P_H \\ p+r \in P_S}} N^\kappa \widehat{V}(r/N^{1-\kappa}) \sigma_{p+r} \gamma_p \gamma_r (a_{p+r}^* a_{-p}^* a_{-r}^* + \text{h.c.}). \quad (3.2)$$

Finally, let

$$\begin{aligned} C_{\mathcal{G}_N} &= \frac{N^{1+\kappa}}{2} \widehat{V}(0) + \sum_{p \in \Lambda_+^*} p^2 \sigma_p^2 + \sum_{p \in \Lambda_+^*} N^\kappa \widehat{V}(p/N^{1-\kappa}) \sigma_p \gamma_p \\ &+ \sum_{p \in P_L} N^\kappa \widehat{V}(p/N^{1-\kappa}) \sigma_p^2 + \frac{1}{2N} \sum_{\substack{p, r \in \Lambda_+^* \\ r \neq p}} N^\kappa \widehat{V}(r/N^{1-\kappa}) \sigma_p \sigma_{p-r} \gamma_p \gamma_{p-r} \\ &- \frac{1}{N} \sum_{v \in P_L} \sigma_v^2 \sum_{p \in P_L^c} N^\kappa \widehat{V}(p/N^{1-\kappa}) \eta_p. \end{aligned} \quad (3.3)$$

It has been shown in Ref. 7 (Proposition 3.1) that, for any  $0 < \kappa < 2/3$  and  $\varepsilon > 0$  such that  $3\kappa - 2 + 4\varepsilon < 0$ ,

$$\langle \Psi_N, \mathcal{H}_N \Psi_N \rangle = \frac{\langle \xi_v, \mathcal{G}_N \xi_v \rangle}{\|\xi_v\|^2} \leq C_{\mathcal{G}_N} + \frac{\langle \xi_v, (\mathcal{K} + \mathcal{V}_N^{(H)} + \mathcal{C}_N) \xi_v \rangle}{\|\xi_v\|^2} + \frac{\langle \xi_v, \mathcal{E} \xi_v \rangle}{\|\xi_v\|^2}, \quad (3.4)$$

with

$$\frac{\langle \xi_v, \mathcal{E} \xi_v \rangle}{\|\xi_v\|^2} \leq CN^{5\kappa/2} \cdot \max\{N^{-\varepsilon}, N^{9\kappa-5+6\varepsilon}, N^{21\kappa/4-3+3\varepsilon}\}. \quad (3.5)$$

Moreover,  $C_{G_N}$  and the expectation on  $\xi_v$  of the operators  $\mathcal{K}, \mathcal{C}, \mathcal{V}_N^{(H)}$  provide the correct energy up to an error that is small under the previous assumptions (see Ref. 7, Secs. 3 and 5),

$$C_{G_N} + \frac{\langle \xi_v, (\mathcal{K} + \mathcal{V}_N^{(H)} + \mathcal{C}_N) \xi_v \rangle}{\|\xi_v\|^2} \leq 4\pi a N^{1+\kappa} \left( 1 + \frac{128}{15\sqrt{\pi}} (a^3 N^{3\kappa-2})^{1/2} \right) + CN^{5\kappa/2} \max\{N^{-\epsilon}, N^{12\kappa-7+5\epsilon}\}. \quad (3.6)$$

The bound (3.5) was obtained in Ref. 7 using suitable bounds on the expectation over  $\xi_v$  of products of the kinetic energy  $\mathcal{K}$  and powers of the particle number operator  $\mathcal{N} = \sum_{p \in \Lambda^*} a_p^* a_p$ . However, it is clearly not compatible with the claim that (1.4) is satisfied for all  $\kappa < 7/12$  and is indeed responsible for the request  $\kappa < 5/9$  in Ref. 7. Therefore, in order to prove Theorem 1.1, we have to obtain an improved estimate on the expectation of the error term  $\mathcal{E}$  coming from the quadratic transformation.

*Remark.* Note that the error of the form  $N^{5\kappa/2} N^{12\kappa-7+5\epsilon}$  appearing in (3.6) and coming from the action of the cubic operator  $e^{A_v}$ , in particular from the restrictions on the allowed momenta encoded in the operator  $\Theta$ , cannot be improved with the methods presented here. Therefore, to treat  $k > 7/12$ , new ideas are needed.

To improve the estimate (3.5), we first identify, with a careful reading of the proof of Proposition 3.1 in Ref. 7, those terms in  $\mathcal{E}$ , giving the worst rate. Using the notation of Ref. 7, Sec. 4 they are  $F_2, F_3$ , the first two terms in  $G_2$ , the first term in  $G_3$  and  $G_1 - \mathcal{V}_N^{(H)}$  (note that they all come from the conjugation of the cubic and quartic term). Therefore, we rewrite

$$\mathcal{E} = \mathcal{E}_1 + \mathcal{E}_2 \quad (3.7)$$

with

$$\frac{\langle \xi_v, \mathcal{E}_1 \xi_v \rangle}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\epsilon} \quad (3.8)$$

for all  $\kappa < 2/3$  choosing  $\epsilon$  small enough. Thus, we can focus on  $\mathcal{E}_2$  that can be split as

$$\mathcal{E}_2 = \mathcal{E}_C + \mathcal{E}_S + \mathcal{E}_H + \mathcal{E}_M. \quad (3.9)$$

Here,  $\mathcal{E}_C$  is the cubic operator defined by

$$\mathcal{E}_C = \frac{\sqrt{N_0}}{N} \sum_{\substack{p \in P_H, r \in P_S: \\ p+r \in P_H}} \alpha(p, r) (a_{p+r}^* a_{-p}^* a_{-r}^* + \text{h.c.}), \quad (3.10)$$

where we introduced the notation

$$\alpha(p, r) = N^\kappa \left( \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) + \widehat{V} \left( \frac{p}{N^{1-\kappa}} \right) \right) (\gamma_r \gamma_p \sigma_{p+r} + \sigma_r \sigma_p \gamma_{p+r}).$$

On the other hand,  $\mathcal{E}_S, \mathcal{E}_H$ , and  $\mathcal{E}_M$  are quartic operators. In particular, in  $\mathcal{E}_H$ , only operators with high momenta appear, and it is defined by

$$\begin{aligned} \mathcal{E}_H &= \mathcal{E}_{H,1} + \mathcal{E}_{H,2} \\ &= \frac{1}{2N} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_H}} \beta_1(p, q, r) a_p^* a_{q+r}^* a_q a_{p+r} + \frac{1}{N} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_H}} \beta_2(p, q, r) a_{p+r}^* a_{-p}^* a_{q+r} a_{-q}, \end{aligned} \quad (3.11)$$

where

$$\begin{aligned} \beta_1(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) [(\gamma_p \gamma_q \gamma_{p+r} \gamma_{q+r} - 1) + \sigma_p \sigma_{p+r} \sigma_q \sigma_{q+r} + \gamma_p \gamma_{p+r} \sigma_q \sigma_{q+r}], \\ \beta_2(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) \gamma_{p+r} \gamma_{q+r} \sigma_p \sigma_q. \end{aligned}$$

Conversely, in  $\mathcal{E}_S$ , only momenta in  $P_S$  are involved. In fact, setting

$$\begin{aligned} \zeta_1(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) (\sigma_p \sigma_{p+r} \sigma_q \sigma_{q+r} + \gamma_p \gamma_q \gamma_{p+r} \gamma_{q+r} + \gamma_p \gamma_{p+r} \sigma_q \sigma_{q+r}), \\ \zeta_2(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) \gamma_{p+r} \gamma_{q+r} \sigma_p \sigma_q, \end{aligned}$$

we have

$$\mathcal{E}_S = \mathcal{E}_{S,1} + \mathcal{E}_{S,2} = \frac{1}{2N} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_S: \\ p+r, q+r \in P_S}} \zeta_1(p, q, r) a_p^* a_{q+r}^* a_q a_{p+r} + \frac{1}{N} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_S: \\ p+r, q+r \in P_S}} \zeta_2(p, q, r) a_{p+r}^* a_{-p}^* a_{q+r} a_{-q}. \quad (3.12)$$

Finally,  $\mathcal{E}_M$  contains terms where two operators have momenta in  $P_H$  and two operators have momenta in  $P_S$ . More precisely,

$$\begin{aligned} \mathcal{E}_M &= \mathcal{E}_{M,1} + \mathcal{E}_{M,2} + \mathcal{E}_{M,3} \\ &= \frac{1}{N} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_S}} \varphi_1(p, q, r) a_p^* a_{q+r}^* a_q a_{p+r} \\ &\quad + \frac{1}{N} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_S}} \varphi_2(p, q, r) a_{p+r}^* a_{-p}^* a_{q+r} a_{-q} \\ &\quad + \frac{1}{N} \sum_{r \in \Lambda^*} \sum_{\substack{p \in P_S, q \in P_H: \\ p+r \in P_S, q+r \in P_H}} \varphi_3(p, q, r) a_p^* a_{q+r}^* a_q a_{p+r}, \end{aligned} \quad (3.13)$$

with

$$\begin{aligned} \varphi_1(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) (\sigma_p \sigma_q \sigma_{p+r} \sigma_{q+r} + \gamma_p \gamma_q \gamma_{p+r} \gamma_{q+r} + 2\gamma_p \gamma_{p+r} \sigma_q \sigma_{q+r}), \\ \varphi_2(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) (\gamma_{p+r} \gamma_{q+r} \sigma_p \sigma_q + \gamma_p \gamma_{q+r} \sigma_{p+r} \sigma_q + \gamma_{p+r} \gamma_q \sigma_p \sigma_{q+r} + \gamma_p \gamma_q \sigma_{p+r} \sigma_{q+r}), \\ \varphi_3(p, q, r) &= N^\kappa \widehat{V} \left( \frac{r}{N^{1-\kappa}} \right) (\sigma_p \sigma_{p+r} \sigma_q \sigma_{q+r} + \gamma_p \gamma_q \gamma_{p+r} \gamma_{q+r} + \gamma_p \gamma_{p+r} \sigma_q \sigma_{q+r} + \sigma_q \sigma_{p+r} \gamma_p \gamma_{q+r}). \end{aligned}$$

Our goal is to prove

$$\frac{\langle \xi_v, \mathcal{E}_2 \xi_v \rangle}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\varepsilon} \quad (3.14)$$

for all  $\kappa < 2/3$  and  $\varepsilon$  small enough.

Then, (3.14) together with (3.4), (3.6)–(3.8) immediately yield (1.4)

To obtain the improved estimate (3.14), the idea is to compute the expectation of each operator appearing on the right hand side of (3.9) using the definition of  $\xi_v$ . This is done in the rest of this section.

*Remark.* Note that (3.7), (3.8), and (3.14) imply that the quadratic conjugation only produces errors that remain small up to the thermodynamic limit, i.e., for all  $\kappa < 2/3$ . Indeed, the restriction to  $\kappa < 7/12$  comes from the action of the exponential of the cubic operator [see (3.6)].

### A. Bound of the expectation of $\mathcal{E}_C$ on $\xi_v$

We start noting that the cubic error term  $\mathcal{E}_C$  has the same structure as the cubic term  $\mathcal{C}$ , giving a large contribution to the energy analyzed in Ref. 7 (Sec. 5.2).

Recalling the definition of  $A_v$  given in (2.6), we easily obtain

$$\begin{aligned} \langle \xi_v, \mathcal{E}_C \xi_v \rangle &= 2 \frac{\sqrt{N_0}}{N} \sum_{m \geq 1} \frac{1}{m!(m-1)!} \sum_{\substack{p \in P_H, r \in P_S: \\ p+r \in P_H}} \alpha(p, r) \langle A_v^m \Omega, a_{p+r}^* a_{-p}^* a_{-r}^* A_v^{m-1} \Omega \rangle \\ &= 2 \sqrt{\frac{N_0}{N}} \sum_{m \geq 1} \frac{1}{m!(m-1)! N^m} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m \in P_H: \\ r_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^{m-1}) \\ &\quad \times \prod_{i=1}^m \eta_{r_i} \sigma_{v_i} \prod_{j=1}^{m-1} \eta_{\tilde{r}_j} \sigma_{\tilde{v}_j} \sum_{\substack{p \in P_H, r \in P_S: \\ p+r \in P_H}} \alpha(p, r) \langle \Omega, a_{r_m+v_m} \cdots a_{-v_1} a_{p+r}^* a_{-p}^* a_{-r}^* a_{r_{m-1}+\tilde{v}_{m-1}}^* \cdots a_{-\tilde{v}_1}^* \Omega \rangle. \end{aligned}$$

Noting that the expectation in the last line vanishes unless there exists an index  $i \in \{1, \dots, m\}$  such that  $r = v_i$  and pairing the remaining momenta in  $P_S$  (by symmetry, we can assume  $r = -v_m$  and  $\tilde{v}_j = v_j$  for all  $j = 1, \dots, m-1$ ), we find

$$\begin{aligned} \langle \xi_v, \mathcal{E}_C \xi_v \rangle &= 2\sqrt{\frac{N_0}{N}} \sum_{m \geq 1} \frac{1}{(m-1)! N^m} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m \in P_H: \\ r_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^{m-1}) \\ &\times \prod_{j=1}^{m-1} \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 \eta_{r_m} \sigma_{v_m} \sum_{\substack{p \in P_H: \\ p + v_m \in P_H}} \alpha(p, v_m) \langle \Omega, A_{r_m, v_m} \cdots A_{r_1, v_1} A_{p, v_m}^* \cdots A_{\tilde{r}_1, v_1}^* \Omega \rangle, \end{aligned} \tag{3.15}$$

where we introduced the notation  $A_{r,v} = a_{r+v} a_{-r}$  for any  $v \in P_S$  and  $r \in P_H$  such that  $r + v \in P_H$  (and  $A_{r,v}^*$  to denote the adjoint). Using now the fact that, due to the presence of  $\theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^{m-1})$ , each  $A_{r_j, v_j}$  has to be contracted with  $A_{\tilde{r}_j, v_j}^*$  for any  $j = 1, \dots, m-1$  and, therefore,  $A_{r_m, v_m}$  is contracted with  $A_{p, v_m}^*$ , we obtain

$$\begin{aligned} \langle \xi_v, \mathcal{E}_C \xi_v \rangle &= 2\sqrt{\frac{N_0}{N}} \sum_{m \geq 1} \frac{1}{(m-1)! N^m} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m \in P_H: \\ r_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^{m-1}) \\ &\times \prod_{j=1}^{m-1} \eta_{r_j} \eta_{\tilde{r}_j} (\delta_{\tilde{r}_j, r_j} + \delta_{-\tilde{r}_j, r_j + v_j}) \sigma_{v_j}^2 \eta_{r_m} \sigma_{v_m} \sum_{\substack{p \in P_H: \\ p + v_m \in P_H}} \alpha(p, v_m) \sum_{p_m \in \{-r_m, r_m + v_m\}} \delta_{-p, p_m}. \end{aligned} \tag{3.16}$$

We now note that

$$|\alpha(p, v_m) \delta_{p, -p_m}| \leq CN^\kappa (\gamma_{v_m} |\sigma_{-p_m + v_m}| + |\sigma_{v_m}| |\sigma_{p_m}|).$$

Taking the absolute value in (3.16) and using the fact that when all terms in the sum are positive, we can replace  $\theta(\{r_j, v_j\}_{j=1}^m)$  with  $\theta(\{r_j, v_j\}_{j=1}^{m-1})$  obtaining an upper bound. Therefore, using (2.4), (2.5), and (2.9) we obtain

$$\frac{|\langle \xi_v, \mathcal{E}_C \xi_v \rangle|}{\|\xi_v\|^2} \leq CN^{\kappa-1} \|\eta_H\|^2 (\|\gamma_S \sigma_S\|_1 + \|\sigma_S\|^2) \leq CN^{5\kappa/2 - \varepsilon} \tag{3.17}$$

for all  $\kappa < 2/3$  and  $\varepsilon$  small enough.

### B. Bound of the expectation of $\mathcal{E}_H$ on $\xi_v$

To bound the quartic error term  $\mathcal{E}_H$ , we start considering  $\mathcal{E}_{H,1}$  that has the same form as the large quartic term  $\mathcal{V}_N^{(H)}$  (see Ref. 7, Sec. 5.3). We write

$$\begin{aligned} \langle \xi_v, \mathcal{E}_{H,1} \xi_v \rangle &= \sum_{m \geq 1} \frac{1}{m!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 \\ &\times \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_H}} \beta_1(p, q, r) \langle \Omega, A_{r_1, v_1} \cdots A_{r_m, v_m} a_p^* a_{q+r}^* a_q a_{p+r} A_{\tilde{r}_1, v_1}^* \cdots A_{\tilde{r}_m, v_m}^* \Omega \rangle, \end{aligned}$$

where we paired all momenta in  $P_S$ .

We now distinguish two contributions: the first one corresponds to the situation in which  $a_q$  and  $a_{p+r}$  are annihilated with  $A_{\tilde{r}_i, v_i}^*$  for some  $i = 1, \dots, m$  [this also implies, taking into account the presence of  $\theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m)$ , that  $a_p^*, a_{q+r}^*$  are annihilated with  $A_{r_i, v_i}$ ]. The second case on the other hand arises when  $a_q$  and  $a_{p+r}$  are annihilated with  $a_{\tilde{p}_\ell}^*, a_{\tilde{p}_\ell}^*$  for  $\tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + v_\ell\}$ ,  $\ell = i$  and  $j$  with  $i \neq j$  (then,  $a_p^*, a_{q+r}^*$  are annihilated with  $a_{p_i}, a_{p_j}$  for  $p_\ell \in \{-r_\ell, r_\ell + v_\ell\}$ ,  $\ell = i$  and  $j$ , and  $a_{-\tilde{p}_i + v_i}^*, a_{-\tilde{p}_j + v_j}^*$  are annihilated with  $a_{-p_i + v_i}, a_{-p_j + v_j}$ ).



We denote the two contributions described in the previous paragraph by  $A$  and  $B$ , respectively, so that

$$\langle \xi_v, \mathcal{E}_{H,1} \xi_v \rangle = A + B, \tag{3.18}$$

with

$$\begin{aligned} A &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1 \in P_S, \tilde{r}_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, \tilde{r}_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \\ &\quad \times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 \prod_{j=1}^{m-1} (\delta_{r_j, \tilde{r}_j} + \delta_{-\tilde{r}_j, r_j + v_j}) \sum_{r \in \Lambda^*} \sum_{p \in P_H} \beta_1(p, v_m - p - r, r) \sum_{\substack{p_m \in \{-r_m, \tilde{r}_m + v_m\} \\ \tilde{p}_m \in \{-\tilde{r}_m, \tilde{r}_m + v_m\}}} \delta_{p, p_m} \delta_{p+r, \tilde{p}_m}, \\ B &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1 \in P_S, \tilde{r}_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, \tilde{r}_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \\ &\quad \times \prod_{i=1}^m \eta_{r_i} \eta_{\tilde{r}_i} \sigma_{v_i}^2 \prod_{j=1}^{m-2} (\delta_{r_i, \tilde{r}_i} + \delta_{-\tilde{r}_i, r_i + v_i}) \sum_{r \in \Lambda^*} \sum_{p, q \in P_H} \beta_1(p, q, r) \sum_{\substack{p_\ell \in \{-r_\ell, \tilde{r}_\ell + v_\ell\} \\ \ell = m-1, m}} \delta_{p, p_m} \delta_{q+r, p_{m-1}} \\ &\quad \times \sum_{\substack{\tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + v_\ell\} \\ \ell = m-1, m}} (\delta_{q, \tilde{p}_m} \delta_{p+r, \tilde{p}_{m-1}} + \delta_{q, \tilde{p}_{m-1}} \delta_{p+r, \tilde{p}_m}) (\delta_{\tilde{p}_m, p_m} + \delta_{-\tilde{p}_m + v_m, -p_{m-1} + v_{m-1}}). \end{aligned}$$

Thus, the bound

$$\begin{aligned} |\beta_1(p, v_m - p - r, r) \delta_{p, p_m} \delta_{p+r, \tilde{p}_m}| &\leq CN^k \widehat{V} \left( \frac{r}{N^{1-k}} \right) (|\eta_p|^3 + |\eta_{p+r}|^3 + |\eta_{p-v_m}|^3 + |\eta_{p+r-v_m}|^3) \\ &\quad + CN^k (\|\eta_H\|_\infty^2 |\eta_p| |\eta_{p+r}| + |\eta_{p-v_m}| |\eta_{p+r-v_m}|) \end{aligned}$$

yields

$$\frac{A}{\|\xi_v\|^2} \leq CN^{\kappa-2} \|\sigma_S\|^2 (N \|\eta_H\|_\infty^2 \|\eta_H\|^2 + \|\eta_H\|_\infty^2 \|\eta_H\|^4 + \|\eta_H\|^4), \tag{3.19}$$

where we used the bound  $\sup_{r \in \Lambda^*} \sum_{p \in P_H} N^k \widehat{V}(r/N^{1-k})/|p-r| \leq N$  and the fact that  $|\eta_p| \leq CN^\kappa |p|^{-2}$ .

On the other hand, since  $\sup_{r \in \Lambda^*, p, q \in P_H} |\beta_1(p, q, r)| \leq CN^k \|\eta_H\|_\infty^2$ , we obtain

$$\frac{|B|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\sigma_S\|^4 \|\eta_H\|^4 \|\eta_H\|_\infty^2. \tag{3.20}$$

We now consider  $\mathcal{E}_{H,2}$ . First, pairing all momenta in  $P_S$ , we rewrite

$$\begin{aligned} \langle \xi_v, \mathcal{E}_{H,2} \xi_v \rangle &= \sum_{m \geq 1} \frac{1}{m!} \frac{1}{N^{m+1}} \sum_{\substack{v_1 \in P_S, \tilde{r}_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, \tilde{r}_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 \\ &\quad \times \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_H}} \beta_2(p, q, r) \langle \Omega, A_{r_1, v_1} \cdots A_{r_m, v_m} a_{p+r}^* a_{-p}^* a_{q+r} a_{-q}^* A_{\tilde{r}_1, v_1}^* \cdots A_{\tilde{r}_m, v_m}^* \Omega \rangle. \end{aligned}$$

We note that also in this case, we can distinguish two contributions depending on whether the operators  $a_{q+r} a_{-q}$  are annihilated with  $A_{\tilde{r}_j, v_j}^*$  or with  $a_{\tilde{p}_j}^*, a_{\tilde{p}_k}^*$ , with  $\tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + v_\ell\}$ ,  $\ell = j, k$  with  $j \neq k$ .

Hence, we split

$$\langle \xi_v, \mathcal{E}_{H,2} \xi_v \rangle = C + D, \tag{3.21}$$

with  $C$  and  $D$  defined by

$$\begin{aligned}
 C &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \eta_{r_m} \eta_{\tilde{r}_m} \sigma_{v_m}^2 \\
 &\quad \times \prod_{j=1}^{m-1} \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 (\delta_{\tilde{r}_j, r_j} + \delta_{-\tilde{r}_j, r_j + v_j}) \sum_{p, q \in P_H} \beta_2(p, q, v_m) \sum_{\substack{p_m \in \{-r_m, r_m + v_m\} \\ \tilde{p}_m \in \{-\tilde{r}_m, \tilde{r}_m + v_m\}}} \delta_{-p, p_m} \delta_{-q, \tilde{p}_m}, \\
 D &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \\
 &\quad \times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 \prod_{i=1}^{m-2} (\delta_{\tilde{r}_j, r_j} + \delta_{-\tilde{r}_j, r_j + v_j}) \sum_{r \in \Lambda^*} \sum_{p, q \in P_H} \beta_2(p, q, r) \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + v_\ell\} \\ \ell = m-1, m}} \delta_{-q, \tilde{p}_m} \delta_{q+r, \tilde{p}_{m-1}} \\
 &\quad \times (\delta_{-p, p_m} \delta_{p+r, p_{m-1}} + \delta_{-p, p_{m-1}} \delta_{p+r, p_m}) (\delta_{p_m, \tilde{p}_m} + \delta_{-\tilde{p}_m + v_m, -p_{m-1} + v_{m-1}}).
 \end{aligned}$$

Taking the absolute value, which allows us to forget  $\theta(\{\tilde{r}_j, v_j\}_{j=1}^m)$  and replace  $\theta(\{r_j, v_j\}_{j=1}^m)$  with  $\theta(\{r_j, v_j\}_{j=1}^{m-1})$ , and noting that  $|\beta_2(p, q, r)| \leq CN^\kappa |\eta_p \eta_q|$  for any  $r \in \Lambda^*$ ,  $p, q \in P_H$  with  $p+r, q+r \in P_H$ , we obtain

$$\frac{|C|}{\|\xi_v\|^2} \leq CN^{\kappa-2} \|\sigma_S\|^2 \|\eta_H\|^4 \tag{3.22}$$

and

$$\frac{|D|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\sigma_S\|^4 \|\eta_H\|^4 \|\eta_H\|_\infty^2. \tag{3.23}$$

With (3.18) and (3.21), using the bounds (3.19), (3.20), (3.22), and (3.23) and recalling (2.4) and (2.5), we obtain

$$\frac{|\langle \xi_v, \mathcal{E}_H \xi_v \rangle|}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\varepsilon} \tag{3.24}$$

for any  $\kappa < 2/3$  and  $\varepsilon$  small enough.

### C. Bound of the expectation of $\mathcal{E}_S$ on $\xi_v$

In this subsection, we focus on  $\mathcal{E}_S$ . Let us first consider the contribution coming from  $\mathcal{E}_{S,1}$ . Recalling the definition of  $\mathcal{E}_{S,1}$ , see (3.12), we can write

$$\begin{aligned}
 \langle \xi_v, \mathcal{E}_{S,1} \xi_v \rangle &= \sum_{m \geq 2} \frac{1}{(m!)^2} \frac{1}{2N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \\
 &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_S: \\ p+r, q+r \in P_S}} \zeta_1(p, q, r) \\
 &\quad \times \langle \Omega, a_{r_m+v_m} a_{-r_m} a_{-v_m} \cdots a_{-v_1} a_{p+r}^* a_q^* a_p a_{q+r} a_{r_m+\tilde{v}_m}^* a_{-\tilde{r}_m}^* a_{-\tilde{v}_m}^* \cdots a_{-\tilde{v}_1}^* \Omega \rangle.
 \end{aligned} \tag{3.25}$$

We note that the scalar product in the last line of (3.25) does not vanish only if there exist  $i, j, k$ , and  $\ell$  such that  $q = -\tilde{v}_i$ ,  $p+r = -\tilde{v}_j$ ,  $p = -v_k$ ,  $q+r = -v_\ell$ , which immediately implies  $r = v_k - \tilde{v}_j$  and  $\tilde{v}_i = v_k + v_\ell - \tilde{v}_j$ . By symmetry, we can assume  $i = k = m$  and  $j = \ell = m-1$ , obtaining a factor  $m^2(m-1)^2$  in front. Pairing also the remaining  $m-2$  momenta in  $P_S$ , we obtain

$$\begin{aligned}
 \langle \xi_v, \mathcal{E}_{S,1} \xi_v \rangle &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \zeta_1(-v_m, -\tilde{v}_m, v_m - \tilde{v}_{m-1}) \\
 &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \delta_{\tilde{v}_m, v_m + v_{m-1} - \tilde{v}_{m-1}} \prod_{i=1}^{m-2} \delta_{\tilde{v}_i, v_i} \\
 &\quad \times \langle \Omega, A_{r_m, v_m} \cdots A_{r_1, v_1} A_{\tilde{r}_m, v_m + v_{m-1} - \tilde{v}_{m-1}}^* A_{\tilde{r}_{m-1}, \tilde{v}_{m-1}}^* A_{\tilde{r}_{m-2}, v_{m-2}}^* \cdots A_{\tilde{r}_1, v_1}^* \Omega \rangle.
 \end{aligned}$$

We now distinguish three contributions. The first contribution, which we will denote by  $I$ , corresponds to the situation in which the operators in  $A_{r_m, v_m}$  and  $A_{r_{m-1}, v_{m-1}}$  are annihilated with the operators in  $A_{r_m, v_m + v_{m-1} - \tilde{v}_{m-1}}$  and  $A_{r_{m-1}, \tilde{v}_{m-1}}$ , respectively (note that this immediately implies  $v_{m-1} = \tilde{v}_{m-1}$ ). The second contribution, denoted by  $II$ , is on the contrary obtained when  $A_{r_m, v_m}$  is annihilated with  $A_{r_{m-1}, \tilde{v}_{m-1}}$  and  $A_{r_{m-1}, v_{m-1}}$  is annihilated with  $A_{r_m, v_m + v_{m-1} - \tilde{v}_{m-1}}$  (then,  $\tilde{v}_{m-1} = v_m$ ). Finally, there is a third term, denoted by  $III$ , arising when one operator in  $A_{r_m, v_m}$  is annihilated with an operator in  $A_{r_{m-1}, \tilde{v}_{m-1}}$  and the other with an operator in  $A_{r_m, v_m + v_{m-1} - \tilde{v}_{m-1}}$  (and analogously, an operator in  $A_{r_{m-1}, v_{m-1}}$  is annihilated with an operator in  $A_{r_{m-1}, \tilde{v}_{m-1}}$  and the other with an operator in  $A_{r_m, v_m + v_{m-1} - \tilde{v}_{m-1}}$ ). Let us stress that in all these cases, the operators  $A_{r_j, v_j}$  are annihilated with the operators  $A_{r_j, v_j}^*$  for any  $j = 1, \dots, m-2$  due to the presence of the restrictions encoded in  $\theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m)$ .

Summarizing, we have  $\langle \xi_v, \mathcal{E}_{S,1} \xi_v \rangle = I + II + III$ , with

$$\begin{aligned}
 I &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + v_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + v_m \in P_H}} \zeta_1(-v_m, -v_m, v_m - v_{m-1}) \\
 &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, v_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 (\delta_{\tilde{r}_j, r_j} + \delta_{-\tilde{r}_j, r_j + v_j}), \\
 II &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \zeta_1(-v_m, -\tilde{v}_m, v_m - \tilde{v}_{m-1}) \\
 &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \delta_{\tilde{v}_m, v_m + v_{m-1} - \tilde{v}_{m-1}} \\
 &\quad \times \prod_{i=1}^{m-2} \delta_{\tilde{v}_i, v_i} (\delta_{\tilde{r}_i, r_i} + \delta_{-\tilde{r}_i, r_i + v_i}) \delta_{\tilde{v}_{m-1}, v_m} \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{\tilde{p}_{m-1}, p_m} \delta_{\tilde{p}_m, p_{m-1}}. \\
 III &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{2N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \zeta_1(-v_m, -\tilde{v}_m, v_m - \tilde{v}_{m-1}) \\
 &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \delta_{\tilde{v}_m, v_m + v_{m-1} - \tilde{v}_{m-1}} \\
 &\quad \times \prod_{i=1}^{m-2} \delta_{\tilde{v}_i, v_i} (\delta_{\tilde{r}_i, r_i} + \delta_{-\tilde{r}_i, r_i + v_i}) \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{\tilde{p}_{m-1}, p_{m-1}} \delta_{\tilde{p}_m, p_m} \delta_{-\tilde{p}_{m-1} + \tilde{v}_{m-1}, -p_m + v_m}.
 \end{aligned}$$

Recalling the definition of  $\zeta_1$  and using (2.5), we find  $|\zeta_1(p, q, r)| \leq CN^{\kappa+2\varepsilon}$  for any  $r \in \Lambda^*$ ,  $p, q \in P_S$  such that  $p + r, q + r \in P_S$ . Thus,

$$\frac{|I| + |II|}{\|\xi_v\|^2} \leq CN^{\kappa-3+2\varepsilon} \|\sigma_S\|^4 \|\eta_H\|^4. \tag{3.26}$$

To bound  $III$ , we note that

$$\begin{aligned}
 &|\delta_{\tilde{v}_m, v_m + v_{m-1} - \tilde{v}_{m-1}} \zeta_1(-v_m, -\tilde{v}_m, v_m - \tilde{v}_{m-1})| \leq CN^\kappa \\
 &\quad \times (\|\sigma_{v_m}\| \|\sigma_{\tilde{v}_{m-1}}\| \|\sigma_{v_{m-1}}\| \|\sigma_S\|_\infty + |\gamma_{v_m}\| \|\gamma_{\tilde{v}_{m-1}}\| \|\gamma_{v_{m-1}}\| \|\gamma_S\|_\infty + |\gamma_{v_m}\| \|\gamma_{\tilde{v}_{m-1}}\| \|\sigma_{v_{m-1}}\| \|\sigma_S\|_\infty).
 \end{aligned}$$

Hence,

$$\begin{aligned}
 \frac{|III|}{\|\xi_v\|^2} &\leq CN^{\kappa-3} \|\eta_H\|^2 \|\eta_H\|_\infty^2 \|\sigma_S\|_\infty \\
 &\quad \times (\|\sigma_S\|_\infty^6 \|\sigma_S\|_\infty + \|\gamma_S \sigma_S\|_1^3 \|\gamma_S\|_\infty + \|\sigma_S\|_\infty^2 \|\gamma_S \sigma_S\|_1^2 \|\sigma_S\|_\infty).
 \end{aligned} \tag{3.27}$$

From (3.26) and (3.27), using (2.4) and (2.5), we conclude

$$\frac{|\langle \xi_v, \mathcal{E}_{S,1} \xi_v \rangle|}{\|\xi_v\|^2} \leq \frac{|I| + |II| + |III|}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\varepsilon} \tag{3.28}$$

for any  $\kappa < 2/3$  and  $\varepsilon$  small enough.

The error term  $\mathcal{E}_{S,2}$  can be bounded analogously. Indeed, reasoning as before, we split

$$\langle \xi_v, \mathcal{E}_{S,2} \xi_v \rangle = \tilde{I} + \tilde{II} + \tilde{III}, \tag{3.29}$$

where

$$\begin{aligned} \tilde{I} &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \zeta_2(v_m, v_m, -v_m - v_{m-1}) \\ &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j}^2 (\delta_{\tilde{r}_j, r_j} + \delta_{-\tilde{r}_j, r_j + v_j}), \\ \tilde{II} &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \zeta_2(v_m, \tilde{v}_m, -v_m - v_{m-1}) \\ &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \delta_{\tilde{v}_m, v_m + v_{m-1} - \tilde{v}_{m-1}} \\ &\quad \times \prod_{i=1}^{m-2} \delta_{\tilde{v}_i, v_i} (\delta_{\tilde{r}_i, r_i} + \delta_{-\tilde{r}_i, r_i + v_i}) \delta_{\tilde{v}_{m-1}, v_m} \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{\tilde{p}_{m-1}, p_m} \delta_{\tilde{p}_m, p_{m-1}}, \\ \tilde{III} &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \zeta_2(v_m, \tilde{v}_m, -v_m - v_{m-1}) \\ &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \delta_{\tilde{v}_m, v_m + v_{m-1} - \tilde{v}_{m-1}} \\ &\quad \times \prod_{i=1}^{m-2} \delta_{\tilde{v}_i, v_i} (\delta_{\tilde{r}_i, r_i} + \delta_{-\tilde{r}_i, r_i + v_i}) \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{\tilde{p}_{m-1}, p_{m-1}} \delta_{\tilde{p}_m, p_m} \delta_{-\tilde{p}_{m-1} + \tilde{v}_{m-1}, -p_m + v_m}. \end{aligned}$$

Hence, noting that  $|\zeta_2(p, q, r)| \leq CN^\kappa |\gamma_{p+r}| \gamma_{q+r} \|\sigma_p\| \|\sigma_q\|$ , we find

$$\frac{|\tilde{I}| + |\tilde{II}|}{\|\xi_v\|^2} \leq CN^{\kappa-3+2\varepsilon} \|\sigma_S\|^4 \|\eta_H\|^4 \tag{3.30}$$

and

$$\frac{|\tilde{III}|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\eta_H\|^2 \|\eta_H\|_\infty^2 \|\sigma_S\|_\infty^2 \|\gamma_S \sigma_S\|_1^2 \|\sigma_S\|^2. \tag{3.31}$$

Using (2.4) and (2.5), we obtain from (3.28), (3.30), and (3.31) that

$$\frac{|\langle \xi_v, \mathcal{E}_S \xi_v \rangle|}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\varepsilon} \tag{3.32}$$

for any  $\kappa < 2/3$  and  $\varepsilon$  small enough.

#### D. Bound of the expectation of $\mathcal{E}_M$ on $\xi_v$

To conclude the proof of (3.14),  $\mathcal{E}_M$  remains to be studied. We start focusing on  $\mathcal{E}_{M,1}$ , and we rewrite

$$\begin{aligned} \langle \xi_v, \mathcal{E}_{M,1} \xi_v \rangle &= \sum_{m \geq 1} \frac{1}{(m!)^2} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \\ &\quad \times \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_S}} \varphi_1(p, q, r) \\ &\quad \times \langle \Omega, a_{r_m + v_m} \cdots a_{-v_1} a_{p+r}^* a_q^* a_p a_{q+r} a_{\tilde{r}_m + \tilde{v}_m}^* \cdots a_{-\tilde{v}_1}^* \Omega \rangle. \end{aligned}$$

We now have to assume the existence of  $i$  and  $j = 1, \dots, m$  such that  $p + r = -v_i$  and  $q + r = -\tilde{v}_j$ ; otherwise, the expectation on the last line would vanish. In particular, we assume  $i = j = m$  since the  $m^2$  cases are all equivalent. Pairing the remaining momenta in  $P_S$ , we obtain

$$\begin{aligned} \langle \xi_v, \mathcal{E}_{M,1} \xi_v \rangle &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-1} \delta_{v_i, \tilde{v}_i} \sum_{\substack{r \in \Lambda^*: \\ r + v_m, r + \tilde{v}_m \in P_H}} \varphi_1(-r - v_m, -r - \tilde{v}_m, r) \\ &\times \langle \Omega, A_{r_m, v_m} \dots A_{r_1, v_1} a_{-r - \tilde{v}_m}^* a_{-r - v_m} A_{\tilde{r}_m, \tilde{v}_m}^* \dots A_{\tilde{r}_1, \tilde{v}_1}^* \Omega \rangle. \end{aligned}$$

At this point, we recognize that, due to the presence of the restrictions encoded in  $\theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m)$ , if the operator  $a_{-r - v_m}$  is annihilated with an operator in  $A_{r_j, v_j}^*$ , then the operator  $a_{-r - \tilde{v}_m}^*$  has to be annihilated with an operator in  $A_{r_j, v_j}$ . In particular, if  $j = m$ , then the remaining operator in  $A_{r_m, v_m}^*$  has to be contracted with the remaining operator in  $A_{r_m, v_m}$ , and we obtain a contribution denoted by  $M_1$ . On the other hand, if  $j \neq m$  (by symmetry, we assume  $j = m - 1$ ), we distinguish two cases: either the remaining operator in  $A_{r_{m-1}, v_{m-1}}^*$  is annihilated with the remaining operator in  $A_{r_{m-1}, v_{m-1}}$  and the operators  $A_{r_m, v_m}^*$  and  $A_{r_m, v_m}$  are contracted among themselves (imposing  $v_m = \tilde{v}_m$ ) or the remaining operator in  $A_{r_{m-1}, v_{m-1}}^*$  is contracted with an operator in  $A_{r_m, v_m}$  and the remaining operator in  $A_{r_{m-1}, v_{m-1}}$  is contracted with an operator in  $A_{r_m, v_m}^*$  (then, we are left with one operator in  $A_{r_m, v_m}^*$  and one in  $A_{r_m, v_m}$  that are necessarily contracted with each other). We denote these contributions with  $M_2$  and  $M_3$ , respectively.

Explicitly,

$$\langle \xi_v, \mathcal{E}_{M,1} \xi_v \rangle = M_1 + M_2 + M_3, \tag{3.33}$$

with

$$\begin{aligned} M_1 &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-1} \delta_{v_i, \tilde{v}_i} (\delta_{\tilde{r}_i} + \delta_{\tilde{r}_i + v_i}) \sum_{r \in \Lambda^*} \varphi_1(-r - v_m, -r - \tilde{v}_m, r) \\ &\times \sum_{\substack{p_m \in \{-r_m, r_m + v_m\} \\ \tilde{p}_m \in \{\tilde{r}_m, \tilde{r}_m + \tilde{v}_m\}}} \delta_{r, -p_m - \tilde{v}_m} \delta_{\tilde{p}_m, p_m + \tilde{v}_m - v_m}, \\ M_2 &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{\substack{i=1 \\ i \neq m-1}}^m \delta_{v_i, \tilde{v}_i} (\delta_{r_i, \tilde{r}_i} + \delta_{-r_i, \tilde{r}_i + v_i}) \sum_{r \in \Lambda^*} \varphi_1(-r - v_m, -r - v_m, r) \\ &\times \delta_{\tilde{v}_{m-1}, v_{m-1}} \sum_{\substack{p_{m-1} \in \{-r_{m-1}, r_{m-1} + v_{m-1}\} \\ \tilde{p}_{m-1} \in \{-\tilde{r}_{m-1}, \tilde{r}_{m-1} + v_{m-1}\}}} \delta_{r, -p_{m-1} - v_m} \delta_{\tilde{p}_{m-1}, p_{m-1}}, \\ M_3 &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-2} \delta_{v_i, \tilde{v}_i} (\delta_{\tilde{r}_i} + \delta_{\tilde{r}_i + v_i}) \delta_{\tilde{v}_{m-1}, v_{m-1}} \sum_{r \in \Lambda^*} \varphi_1(-r - v_m, -r - \tilde{v}_m, r) \\ &\times \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{r, -p_{m-1} - \tilde{v}_m} \delta_{\tilde{p}_{m-1}, p_{m-1} + \tilde{v}_m - v_m} \delta_{\tilde{p}_m, p_m - v_m + \tilde{v}_m} \delta_{p_{m-1}, -p_m + v_m - \tilde{v}_m + v_{m-1}}. \end{aligned}$$

Since

$$\begin{aligned} &|\varphi_1(-r - v_m, -r - \tilde{v}_m, r) \delta_{r, -p_m - \tilde{v}_m} \delta_{\tilde{p}_m, p_m + \tilde{v}_m - v_m}| \\ &\leq CN^k (\|\eta_H\|_\infty^2 |\sigma_{v_m}| |\sigma_{\tilde{v}_m}| + |\gamma_{v_m}| |\gamma_{\tilde{v}_m}| + \|\eta_H\|_\infty \|\gamma_{v_m}\| |\sigma_{\tilde{v}_m}|), \end{aligned}$$

we have

$$\frac{\|M_1\|}{\|\xi_v\|^2} \leq CN^{k-2} \|\eta_H\|^2 (\|\sigma_S\|^4 \|\eta_H\|_\infty^2 + \|\sigma_S \gamma_S\|_1^2 + \|\sigma_S\|^2 \|\gamma_S \sigma_S\|_1 \|\eta_H\|_\infty). \tag{3.34}$$

On the other hand, using the fact that

$$|\varphi_1(-r - v_m, -r - v_m, r)|\delta_{r, -p_{m-1} - v_m} \delta_{\tilde{r}_{m-1}, p_{m-1}}| \leq CN^\kappa (\|\eta_H\|_\infty^2 \|\sigma_S\|_\infty^2 + \|\gamma_S\|_\infty^2 + \|\gamma_S\|_\infty \|\sigma_S\|_\infty \|\eta_H\|_\infty),$$

we obtain

$$\frac{|M_2|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\eta_H\|^4 \|\sigma_S\|^4 (\|\sigma_S\|_\infty^2 \|\eta_H\|_\infty^2 + \|\gamma_S\|_\infty^2 + \|\gamma_S\|_\infty \|\sigma_S\|_\infty \|\eta_H\|_\infty). \tag{3.35}$$

Finally, we note that

$$|\varphi_1(-r - v_m, -r - \tilde{v}_m, r)|\delta_{r, -p_{m-1} - \tilde{v}_m} \delta_{\tilde{r}_{m-1}, p_{m-1} + \tilde{v}_m - v_m}| \leq CN^\kappa (\|\eta_H\|_\infty^2 |\sigma_{v_m}| |\sigma_{\tilde{v}_m}| + |\gamma_{v_m}| |\gamma_{\tilde{v}_m}| + \|\eta_H\|_\infty |\gamma_{v_m}| |\sigma_{\tilde{v}_m}|).$$

Therefore,

$$\frac{|M_3|}{\|\xi_v\|^2} \leq N^{\kappa-3} \|\eta_H\|^2 \|\eta_H\|_\infty^2 \|\sigma_S\|^2 (\|\sigma_S\|_\infty^4 \|\eta_H\|_\infty^2 + \|\gamma_S \sigma_S\|_1^2 + \|\sigma_S\|_\infty^2 \|\gamma_S \sigma_S\|_1 \|\eta_H\|_\infty). \tag{3.36}$$

With (3.33)–(3.36), we conclude, using (2.4) and (2.5), that for any  $\kappa < 2/3$  and  $\varepsilon$  small enough,

$$\frac{\langle \xi_v, \mathcal{E}_{M,1} \xi_v \rangle}{\|\xi_v\|^2} \leq CN^{5\kappa/2 - \varepsilon}. \tag{3.37}$$

We now consider the expectation on  $\xi_v$  of  $\mathcal{E}_{M,2}$ . We have by definition

$$\begin{aligned} \langle \xi_v, \mathcal{E}_{M,2} \xi_v \rangle &= \sum_{m \geq 1} \frac{1}{(m!)^2} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \sum_{r \in \Lambda^*} \sum_{\substack{p, q \in P_H: \\ p+r, q+r \in P_S}} \varphi_2(p, q, r) \\ &\times \langle \Omega, a_{r_m + v_m} \dots a_{-v_1} a_{p+r}^* a_{-p}^* a_{q+r} a_{-q} a_{\tilde{r}_m + \tilde{v}_m}^* \dots a_{-\tilde{v}_1}^* \Omega \rangle. \end{aligned}$$

We note that there are necessarily  $i$  and  $j$  such that  $p + r = -v_i$  and  $q + r = -\tilde{v}_j$ . Assuming by symmetry  $i = j = m$  and pairing the remaining  $m - 1$  momenta in  $P_S$ , we obtain

$$\begin{aligned} \langle \xi_v, \mathcal{E}_{M,2} \xi_v \rangle &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-1} \delta_{\tilde{v}_i, v_i} \sum_{\substack{r \in \Lambda^*: \\ r+v_m, r+\tilde{v}_m \in P_H}} \varphi_2(-r - v_m, -r - \tilde{v}_m, r) \\ &\times \langle \Omega, A_{r_m, v_m} \dots A_{r_1, v_1} a_{r+v_m}^* a_{r+\tilde{v}_m} A_{\tilde{r}_m, \tilde{v}_m}^* A_{\tilde{r}_{m-1}, v_{m-1}}^* \dots A_{\tilde{r}_1, v_1}^* \Omega \rangle \\ &= \tilde{M}_1 + \tilde{M}_2 + \tilde{M}_3, \end{aligned}$$

where

$$\begin{aligned} \tilde{M}_1 &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\quad \times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-1} \delta_{v_i, \tilde{v}_i} (\delta_{\tilde{r}_i} + \delta_{\tilde{r}_i + v_i}) \sum_{r \in \Lambda^*} \varphi_2(-r - v_m, -r - \tilde{v}_m, r) \\ &\quad \times \sum_{\substack{p_m \in \{-r_m, r_m + v_m\} \\ \tilde{p}_m \in \{-\tilde{r}_m, \tilde{r}_m + \tilde{v}_m\}}} \delta_{r, p_m - v_m} \delta_{\tilde{p}_m, p_m + \tilde{v}_m - v_m}, \\ \tilde{M}_2 &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\quad \times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{\substack{i=1 \\ i \neq m-1}}^m \delta_{v_i, \tilde{v}_i} (\delta_{r_i, \tilde{r}_i} + \delta_{-r_i, \tilde{r}_i + v_i}) \sum_{r \in \Lambda^*} \varphi_2(-r - v_m, -r - v_m, r) \\ &\quad \times \delta_{\tilde{v}_{m-1}, v_{m-1}} \sum_{\substack{p_{m-1} \in \{-r_{m-1}, r_{m-1} + v_{m-1}\} \\ \tilde{p}_{m-1} \in \{-\tilde{r}_{m-1}, \tilde{r}_{m-1} + v_{m-1}\}}} \delta_{r, -p_{m-1} - v_m} \delta_{\tilde{p}_{m-1}, p_{m-1}}, \\ \tilde{M}_3 &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\quad \times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-2} \delta_{v_i, \tilde{v}_i} (\delta_{\tilde{r}_i} + \delta_{\tilde{r}_i + v_i}) \delta_{\tilde{v}_{m-1}, v_{m-1}} \sum_{r \in \Lambda^*} \varphi_2(-r - v_m, -r - \tilde{v}_m, r) \\ &\quad \times \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{r, p_{m-1} - v_m} \delta_{\tilde{p}_{m-1}, p_{m-1} + \tilde{v}_m - v_m} \delta_{p_m, p_m - v_m + \tilde{v}_m} \delta_{p_{m-1}, -p_m + v_m - \tilde{v}_m + v_{m-1}}. \end{aligned}$$

Thus, the bound

$$\begin{aligned} &|\varphi_2(-r - v_m, -r - \tilde{v}_m, r) \delta_{r, p_m - v_m} \delta_{\tilde{p}_m, p_m + \tilde{v}_m - v_m}| \\ &\leq CN^\kappa (\|\eta_H\|_\infty^2 |\gamma_{v_m}| \|\gamma_{\tilde{v}_m}\| + \|\eta_H\|_\infty |\gamma_{\tilde{v}_m}| \|\sigma_{v_m}\| + \|\eta_H\|_\infty |\gamma_{v_m}| \|\sigma_{\tilde{v}_m}\| + |\sigma_{v_m}| \|\sigma_{\tilde{v}_m}|) \end{aligned}$$

implies

$$\frac{|\tilde{M}_1|}{\|\xi_v\|^2} \leq CN^{\kappa-2} \|\eta_H\|^2 (\|\gamma_S \sigma_S\|_1^2 \|\eta_H\|_\infty^2 + \|\gamma_S \sigma_S\|_1 \|\sigma_S\|^2 \|\eta_H\|_\infty + \|\sigma_S\|^4). \tag{3.38}$$

On the other hand, noting that

$$\begin{aligned} &|\varphi_2(-r - v_m, -r - v_m, r) \delta_{\tilde{v}_{m-1}, v_{m-1}} \delta_{r, -p_{m-1} - v_m} \delta_{\tilde{p}_{m-1}, p_{m-1}}| \\ &\leq CN^\kappa (\|\gamma_S\|_\infty^2 \|\eta_H\|_\infty^2 + \|\gamma_S\|_\infty \|\sigma_S\|_\infty \|\eta_H\|_\infty + \|\sigma_S\|_\infty^2), \end{aligned}$$

we obtain

$$\frac{|\tilde{M}_2|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\eta_H\|^4 \|\sigma_S\|^4 (\|\gamma_S\|_\infty^2 \|\eta_H\|_\infty^2 + \|\eta_H\|_\infty \|\sigma_S\|_\infty \|\gamma_S\|_\infty + \|\sigma_S\|_\infty^2). \tag{3.39}$$

Finally, using

$$\begin{aligned} &|\varphi_2(-r - v_m, -r - \tilde{v}_m, r) \delta_{r, p_{m-1} - v_m} \delta_{\tilde{p}_{m-1}, p_{m-1} + \tilde{v}_m - v_m}| \\ &\leq CN^\kappa (\|\eta_H\|_\infty^2 |\gamma_{v_m}| \|\gamma_{\tilde{v}_m}\| + \|\eta_H\|_\infty |\gamma_{\tilde{v}_m}| \|\sigma_{v_m}\| + \|\eta_H\|_\infty |\gamma_{v_m}| \|\sigma_{\tilde{v}_m}\| + |\sigma_{v_m}| \|\sigma_{\tilde{v}_m}|), \end{aligned}$$

we obtain

$$\frac{|\tilde{M}_3|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\eta_H\|^2 \|\eta_H\|_\infty^2 \|\sigma_S\|^2 (\|\gamma_S \sigma_S\|_1^2 \|\eta_H\|_\infty^2 + \|\gamma_S \sigma_S\|_1 \|\sigma_S\|^2 \|\eta_H\|_\infty + \|\sigma_S\|^4). \tag{3.40}$$

From (3.38)–(3.40) and recalling (2.4) and (2.5), we obtain for  $\kappa < 2/3$  and  $\varepsilon$  small enough

$$\frac{\langle \xi_v, \mathcal{E}_{M,2} \xi_v \rangle}{\|\xi_v\|^2} \leq \frac{|\tilde{M}_1| + |\tilde{M}_2| + |\tilde{M}_3|}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\varepsilon}. \tag{3.41}$$

To conclude, we still have to bound the expectation of  $\mathcal{E}_{M,3}$  on the state  $\xi_v$ . Proceeding similarly as before, we write

$$\langle \xi_v, \mathcal{E}_{M,3} \xi_v \rangle = M'_1 + M'_2 + M'_3,$$

where we introduced the notations

$$\begin{aligned} M'_1 &= \sum_{m \geq 1} \frac{1}{(m-1)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-1} \delta_{v_i, \tilde{v}_i} (\delta_{\tilde{r}_i, r_i} + \delta_{-\tilde{r}_i, r_i + v_i}) \sum_{q \in P_H} \varphi_3(-v_m, q, v_m - \tilde{v}_m) \\ &\times \sum_{\substack{p_m \in \{-r_m, r_m + v_m\} \\ \tilde{p}_m \in \{-\tilde{r}_m, \tilde{r}_m + \tilde{v}_m\}}} \delta_{\tilde{p}_m, q} \delta_{q, p_m + \tilde{v}_m - v_m}, \\ M'_2 &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^m \delta_{v_i, \tilde{v}_i} (\delta_{r_i, \tilde{r}_i} + \delta_{-r_i, \tilde{r}_i + v_i}) \sum_{q \in P_H} \varphi_3(-v_m, q, v_m - \tilde{v}_m) \\ &\times \delta_{\tilde{v}_{m-1}, v_{m-1}} \sum_{\substack{p_{m-1} \in \{-r_{m-1}, r_{m-1} + v_{m-1}\} \\ \tilde{p}_{m-1} \in \{-\tilde{r}_{m-1}, \tilde{r}_{m-1} + v_{m-1}\}}} \delta_{q, p_{m-1}} \delta_{\tilde{p}_{m-1}, p_{m-1}}, \\ M'_3 &= \sum_{m \geq 2} \frac{1}{(m-2)!} \frac{1}{N^{m+1}} \sum_{\substack{v_1, \tilde{v}_1 \in P_S, r_1, \tilde{r}_1 \in P_H: \\ r_1 + v_1, \tilde{r}_1 + \tilde{v}_1 \in P_H}} \cdots \sum_{\substack{v_m, \tilde{v}_m \in P_S, r_m, \tilde{r}_m \in P_H: \\ r_m + v_m, \tilde{r}_m + \tilde{v}_m \in P_H}} \theta(\{r_j, v_j\}_{j=1}^m) \theta(\{\tilde{r}_j, \tilde{v}_j\}_{j=1}^m) \\ &\times \prod_{j=1}^m \eta_{r_j} \eta_{\tilde{r}_j} \sigma_{v_j} \sigma_{\tilde{v}_j} \prod_{i=1}^{m-2} \delta_{v_i, \tilde{v}_i} (\delta_{\tilde{r}_i} + \delta_{\tilde{r}_i + v_i}) \delta_{\tilde{v}_{m-1}, v_{m-1}} \sum_{q \in P_H} \varphi_3(-v_m, q, v_m - \tilde{v}_m) \\ &\times \sum_{\substack{p_\ell \in \{-r_\ell, r_\ell + v_\ell\} \\ \tilde{p}_\ell \in \{-\tilde{r}_\ell, \tilde{r}_\ell + \tilde{v}_\ell\} \\ \ell = m-1, m}} \delta_{q, p_{m-1} + \tilde{v}_m - v_m} \delta_{\tilde{p}_{m-1}, q} \delta_{p_{m-1}, p_{m-1} - v_m + \tilde{v}_m} \delta_{p_{m-1}, -p_m + v_m - \tilde{v}_m + v_{m-1}}. \end{aligned}$$

Hence, we have

$$\frac{|M'_1|}{\|\xi_v\|^2} \leq CN^{\kappa-1} \|\eta_H\|^2 (\|\sigma_S\|^4 \|\eta_H\|^2 + \|\gamma_S \sigma_S\|_1^2 + \|\gamma_S \sigma_S\|_1^2 \|\eta_H\|_\infty^2 + \|\sigma_S\|^2 \|\gamma_S \sigma_S\|_1 \|\eta_H\|_\infty), \tag{3.42}$$

where we used the bound

$$\begin{aligned} &|\varphi_3(-v_m, q, v_m - \tilde{v}_m) \delta_{\tilde{p}_m, q} \delta_{q, p_m + \tilde{v}_m - v_m}| \\ &\leq CN^\kappa (\|\eta_H\|_\infty^2 |\sigma_{v_m}| |\sigma_{\tilde{v}_m}| + |\gamma_{v_m}| |\gamma_{\tilde{v}_m}| + \|\eta_H\|_\infty^2 |\gamma_{v_m}| |\gamma_{\tilde{v}_m}| + \|\eta_H\|_\infty |\sigma_{\tilde{v}_m}| |\gamma_{v_m}|). \end{aligned}$$

Moreover, since

$$\begin{aligned} &|\varphi_3(-v_m, q, v_m - \tilde{v}_m) \delta_{q, p_{m-1}} \delta_{\tilde{p}_{m-1}, p_{m-1}}| \\ &\leq CN^\kappa (\|\eta_H\|_\infty^2 \|\sigma_S\|_\infty^2 + \|\gamma_S\|_\infty^2 + \|\gamma_S\|_\infty^2 \|\eta_H\|_\infty^2 + \|\sigma_S\|_\infty \|\eta_H\|_\infty \|\gamma_S\|_\infty), \end{aligned}$$

we obtain

$$\frac{|M'_2|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\eta_H\|^4 \|\sigma_S\|^4 (\|\sigma_S\|_\infty^2 \|\eta_H\|_\infty^2 + \|\gamma_S\|_\infty^2 + \|\gamma_S\|_\infty^2 \|\eta_H\|_\infty^2 + \|\gamma_S\|_\infty \|\sigma_S\|_\infty \|\eta_H\|_\infty). \tag{3.43}$$



Finally, we note that

$$\begin{aligned} & |\varphi_3(-v_m, q, v_m - \tilde{v}_m) \delta_{q, p_{m-1} + \tilde{v}_m - v_m} \delta_{\tilde{p}_{m-1}, q}| \\ & \leq CN^\kappa (\|\eta_H\|_\infty^2 \|\sigma_{v_m}\| \|\sigma_{\tilde{v}_m}\| + |\gamma_{v_m}| |\gamma_{\tilde{v}_m}| + \|\eta_H\|_\infty^2 |\gamma_{v_m}| |\gamma_{\tilde{v}_m}| + \|\eta_H\|_\infty \|\sigma_{\tilde{v}_m}\| |\gamma_{v_m}|), \end{aligned}$$

which implies

$$\frac{|M'_3|}{\|\xi_v\|^2} \leq CN^{\kappa-3} \|\sigma_S\|^2 \|\eta_H\|^2 \|\eta_H\|_\infty^2 (\|\sigma_S\|^4 \|\eta_H\|_\infty^2 + \|\gamma_S \sigma_S\|^2 + \|\gamma_S \sigma_S\|_1 \|\sigma_S\|^2 \|\eta_H\|_\infty). \quad (3.44)$$

The bounds (3.42)–(3.44) yield, recalling (2.4) and (2.5),

$$\frac{\langle \xi_v, \mathcal{E}_{M,3} \xi_v \rangle}{\|\xi_v\|^2} \leq \frac{|M'_1| + |M'_2| + |M'_3|}{\|\xi_v\|^2} \leq CN^{5\kappa/2-\epsilon} \quad (3.45)$$

under the assumptions  $\kappa < 2/3$  and  $\epsilon$  small enough.

From (3.9), (3.17), (3.24), (3.32), (3.37), (3.41), and (3.45), we obtain (3.14).

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## AUTHOR DECLARATIONS

### Conflict of Interest

The author has no conflicts to disclose.

### Author Contributions

**Giulia Basti:** Writing – original draft (lead).

## DATA AVAILABILITY

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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